

Amends Making & Forgiveness

Why It's So Important

April 26th ♦ 2 - 4:30pm

**Crazy Wisdom Bookstore
114 S. Main Street in Ann Arbor**

presenter: **Carole Kirby, LMSW**

Safety and trust are the foundation of any good relationship, whether with your partner, family member, or friend. Human beings hurt each other inadvertently. When there has been any degree of wrongdoing or non-loving action from the slightest hurtful comment to a more serious betrayal, the relationship is jeopardized.

Making amends is about the restoration of goodwill and connection, emotionally, physically, and synergistically. Making amends is also a means by which we can forgive ourselves for some wrongdoing.

Come learn about the amazing capacity we have to develop compassion for ourselves and others and, in turn, to be able to forgive others who have hurt and disappointed us. This workshop will provide information and ideas about the importance of amends making and getting to forgiveness.

Everyone welcome!

Registration fee: FREE

**While free,
please call to register.**

More information:
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♥
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